

SELF-EVALUATION**METACOGNITIVE THINKING****COGNITIVE CHALLENGE**

Overall, the intellectual demand of this task was ...

- Low – mostly recall or direct reading Moderate – required comparison and precision High – required careful boundary thinking Very high – required evaluation or judgment

EFFORT CALIBRATION

My level of effort relative to task difficulty was ...

- Below what was required Adequate Strong and sustained Maximized – I pushed beyond comfort

CONCEPTUAL UNDERSTANDING

At this moment ...

- I can describe what the chart shows I can qualify limits and uncertainty I can evaluate claims using the evidence I can explain both what it shows and what it cannot show

TRANSFER VALUE

This learning will be useful because ...

- It strengthens reading precision It strengthens reasoning discipline It strengthens evidence-based communication It strengthens leadership decision-making

GROWTH ASSESSMENT

Compared to before this lesson, my data reasoning ...

- I can describe what the chart shows I can qualify limits and uncertainty Is more disciplined and bounded Is more evaluative and self-monitoring

READINESS LEVEL

I am ready to ...

- Practice further Apply this in a new context Critique similar charts Teach or facilitate this reasoning for others